

A decorative gold-colored frame consisting of two overlapping circles on the left and right, connected by a horizontal line at the top and bottom, forming a central oval shape.

SENTEB SPA

Your doorway to be healthy

SPA MENU

THE STORY

A Nile cruise in Egypt isn't just cruising along the banks of the Nile River. It's cruising harmoniously along the surrounding desert and its sustainable, natural elements connecting us and grounding us to the secrets of its soil, nature and the environment.

It's drifting us steadily through the stunningly diversified fertile valley, unlocking for us the countless secret healing benefits of Egypt that have remained largely unchanged for thousands of years and recorded since Ancient times. It's cruising through history and the many elements of life that give the human mind, body and soul just what we need to enhance our overall well-being, and becoming sound, balanced and whole.

Over 7,000 years ago the Egyptian civilization used the word Seneb, which translates into "being healthy" or "to be healthy". This is what Seneb Spa is offering you today once you enter through its door.

A complete mental, physical, emotional and spiritual well-being.

An uplifting and unforgettable experience.

Welcome to Seneb Spa!



REFLEXOLOGY MASSAGE

Reflexology can dissipate the stress of everyday life in a natural way by resolving blockages. This treatment resets the body's stress mechanism. Once reset is achieved, reflexology helps to make repairs and move you toward a state of well-being.



FOOT RITUAL

An Egyptian aromatherapy foot soak with essential oils to relieve stiffness & heaviness. Then nourishing exfoliation & a deep foot massage that leaves your feet with a feeling of lightness and warmth.



SIWA SALT BODY SCRUB

A relaxing body scrub to remove impurities, and flush out toxins, and improve circulation. When mixed with essential oils, therapeutic benefits arise.



AROMATHERAPY MASSAGE

A gentle massage combining essential oils to achieve a desired therapeutic result.



EXTENDED YOUTH

Relaxing anti-aging treatment for fine lines and a natural glow & plump.



WHITE LUMINATION

Brightening, dark spots, and radiance treatment.



MEN'S TREATMENT

Anti-aging, purifying, plumping, and hydrating men's treatment.



DETOX BACK MASSAGE

A relaxing massage of the back and scalp, combined with detoxifying marine products,



CLEAR SKIN EXPRESS

A warming, marine face mask followed by a custom facial mask to clear pores resulting in refreshed complexion.



MARINE BREEZE

Pollution shield treatment, to achieve a cleansed, purified and luminous complexion.



SATIN SHIMMER

Exfoliation with salt crystals combined with a moisturizing massage for an express beautifying treatment that leaves the skin soft and silky.

Results: Luminous, moisturized and relaxed skin.



MARINE BODY WRAP

A high-performance marine body wrap combined with a complete body massage to help eliminate toxins or re-invigorate skin tissues.



SEA HOLISTIC TREATMENT

An ultra-relaxing treatment with its gentle warmth and fragrant scent of lavender flowers with marine blouses.



CALIFORNIAN WAVE

A powerful combination of long and fluid movements to relieve tensions and deliver a complete relaxation.



OLIGOMER SPA

Deeply relaxing and re-energizing, this new body treatment offers a unique experience based on OLIGOMER®.

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